Form 144 Filer Information

**FORM 144** 

144: Filer Information

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

Filer CIK	0001233398		
Filer CCC	XXXXXXX		
Is this a LIVE or TEST Filing?	■ LIVE   TEST		
Submission Contact Information			
Name			
Phone			
E-Mail Address			
144: Issuer Information			
Name of Issuer	SIRIUS XM HOLDINGS INC.		
SEC File Number	001-34295		
Address of Issuer	1290 AVENUE OF THE AMERICAS 11TH FLOOR NEW YORK NEW YORK 10104		
Phone	212-584-5100		
Name of Person for Whose Account the Securities are To Be Sold	HOLDEN JAMES P		
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.			
Relationship to Issuer	Former Director		
144: Securities Information			
Title of the Class of Securities To Be Sold	Common		
Name and Address of the Broker	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917		
Number of Shares or Other Units To Be Sold	41368		
Aggregate Market Value	1083634.76		
Number of Shares or Other Units Outstanding	339202065		
Approximate Date of Sale	11/26/2024		
Name the Securities Exchange	NASDAQ		

### any part of the purchase price or other consideration therefor: 144: Securities To Be Sold Title of the Class Common Date you Acquired 05/19/2020 Nature of Acquisition Transaction Restricted Stock Vesting Name of Person from Whom Acquired Issuer Is this a Gift? Date Donor Acquired Amount of Securities Acquired 456 05/19/2020 Date of Payment Nature of Payment Compensation If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	05/29/2020
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	1
Date of Payment	05/29/2020
Nature of Payment	Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	06/06/2020
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	3348
Date of Payment	06/06/2020
Nature of Payment	Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a

note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sol	d
Title of the Class	Common
Date you Acquired	06/05/2021
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	3054
Date of Payment	06/05/2021
Nature of Payment	Compensation
note thereto the nature of the consideration of made in installments describe the arrangent installment paid.	ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was nent and state when the note or other obligation was discharged in full or the last
144: Securities To Be Sol	d
Title of the Class	Common
Date you Acquired	06/06/2021
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2847
Date of Payment	06/06/2021
Nature of Payment	Compensation
note thereto the nature of the consideration	ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was nent and state when the note or other obligation was discharged in full or the last
144: Securities To Be Sol	d
Title of the Class	Common
Date you Acquired	05/22/2023
Nature of Acquisition Transaction	Stock Option Exercise
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	394

05/22/2023

Date of Payment

Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold			
Title of the Class	Common		
Date you Acquired	06/05/2023		
Nature of Acquisition Transaction	Restricted Stock Vesting		
Name of Person from Whom Acquired	Issuer		
Is this a Gift?	Date Donor Acquired		
Amount of Conwition Anguired	2841		
Amount of Securities Acquired	2041		
Date of Payment	06/05/2023		
Nature of Payment	Compensation		

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

# 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	05/20/2024
Nature of Acquisition Transaction	Stock Option Exercise
Name of Person from Whom Acquired	Issuer
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Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	175
Date of Payment	05/20/2024
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

# 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	06/02/2024
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	5007

Date of Payment	06/03/2024
Nature of Payment	Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold			
Title of the Class	Common		
Date you Acquired	09/17/2024		
Nature of Acquisition Transaction	Restricted Stock Vesting		
Name of Person from Whom Acquired	Issuer		
Is this a Gift?	Date Donor Acquired		
Amount of Securities Acquired	22933		
Date of Payment	09/17/2024		
Nature of Payment	Compensation		

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

### 144: Securities To Be Sold Title of the Class Common 06/05/2020 Date you Acquired Nature of Acquisition Transaction Restricted Stock Vesting Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired Amount of Securities Acquired 312 06/05/2020 Date of Payment Compensation Nature of Payment

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Nothing to Report

## 144: Remarks and Signature

Remarks

The Sale today occurred in James P Holden Revocable Trust of which James P. Holden is a trustee.

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11/26/2024

#### **ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/Wade Moss, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for James P Holden

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)