# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	5)													
1. Name and Address of Reporting Person* Verbrugge Joseph A				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner				
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 07/29/2022						X_Officer (give title below) Other (specify below)  Chief Commercial Officer						
(Street) NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person				)		
	ity)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficia				cially Owned							
1.Title of 3 (Instr. 3)	Security		2. Transaction Date (Month/Day/Yea		Deemed ution Date, if	Code (Instr. 8)		1. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(D) C	5. Amount of Securities Benef Owned Following Reported Transaction(s)		I	Form:	7. Nature of Indirect Beneficial
				(Mon	th/Day/Year)	Code	e V A		A) or (D)	Price	Instr. 3 and 4)			Ownership (Instr. 4)	
Commo	n Stock		07/29/2022			A	19	97,363 A	A	\$ 0 3	341,951			)	
							a currer	itly valid C					orm display		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if	4. Transact	or Dispo (D)	er of 6 E S (I (A) ssed of	uired, Dispo	sed of, or B nvertible se cisable and ate	Benefic	control	number. wned and Amount rlying es	8. Price of	9. Number of Derivative Securities Beneficially Owned Following	f 10. Owners Form of Derivat Security Direct (	Owners (Instr. 4
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	4. Transact	5. Numb Derivativ Securitie Acquired or Dispo	er of 6 6 E E E E E E E E E E E E E E E E E	uired, Dispo options, con 5. Date Exerc Expiration Da	sed of, or B nvertible se cisable and ate	Benefic ecuritie	cially Oves) 7. Title a of Under Securities	number. wned and Amount rlying es	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned	f 10. Owners Form of Derivat Security Direct ( or Indir	hip of Indir Benefic Owners (Instr. 4

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Verbrugge Joseph A 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020			Chief Commercial Officer			

## **Signatures**

/s/Patrick L. Donnelly, attorney in fact	08/01/2022
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Approximately one-half of restricted stock units will vest on 7/29/2023 and on 6/27/2024.
- (2) 413,608 options will vest on 7/29/2023 and on 6/27/2024.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.