UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * VOGEL CARL E		2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner						
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022				Office	er (give title belo	ow)(Other (specify be	low)	
NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)					Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(7in)				Derivative Securities Acquired, Disposed of, or Beneficia			Beneficially (Owned		
1.Title of Security (Instr. 3)		. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A)			5. Amount of Securit D) Beneficially Owned Reported Transaction (Instr. 3 and 4)		Following n(s)	Ownership Form:	7. Nature of Indirect Beneficial Ownership
			(World Bay Tear)	Code	V Am	ount (D		`	mu 4)			
Common Stock		05/25/2022		A	99	(1) A	\$ 0	138,036	õ		D	
Reminder: Report on a	separate line for	each class of secur	ities beneficially ow		•	· –	ond to	the collec	ction of inf	formation	SEC 1	474 (0.02)
Reminder: Report on a	separate line for	Table II - I	ities beneficially ow Derivative Securitie	es Acquire	Persons containe the form ed, Dispos	who res d in this displays	form ar a curre Beneficia	e not requently valid	OMB con	formation spond unlea trol numbe	ss	474 (9-02)
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Operivative Security	3. Transaction	Table II - I (a 3A. Deemed Execution Date any	Derivative Securities, puts, calls, wa 4. Transaction Code (Instr. 8)	es Acquire rrants, op	Persons containe the form ed, Dispositions, con 6. Date E and Expir (Month/E	who res d in this displays ed of, or l vertible se	Geneficia ecurities) 7. T Am Und Sec	e not requently valid	OMB conf	spond unle	f 10. Ownersh Form of Derivativ Security: Direct (C or Indirec	11. Nation of Indirection Benefic Owners (Instr. 4

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
VOGEL CARL E 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X				

Signatures

/s/Patrick L. Donnelly, attorney in fact	05/26/2022
**Signature of Reporting Person	Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On May 25, 2022, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0219615 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, May 6, 2022. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.