# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * Sullivan Sean S				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022						X Officer (give title below) Other (specify below)  EVP and CFO					
(Street) NEW YORK, NY 10020				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	(Instr. 8)		(A) or Dispo		posed o	of	5. Amount of Securities Beneficially Owned Fol Reported Transaction(s) (Instr. 3 and 4)		ollowing C s) F E	Ownership Form: E Direct (D)	Beneficial Ownership	
					Coc	de	V Amo		(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock		05/25/2022		A		2,18 (1)	36	A	\$ 0	849,031			D		
				Derivative Securit		th uired	ontained ne form d , Dispose	d in the display	his for ays a o	m are curre eficia	e not requently valid	OMB con	ormation spond unle trol numbe	ss	1474 (9-02)
				arrants, 5.	6. Date Exercisable 7.					Title and 8. Price of 9. Nu			Name of 10 11 Nature		
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/\)	Year) Execution Da	te, if Transaction Code (Instr. 8)	Number and		ınd Expira	Expiration Date nth/Day/Year)		Am Und Sec	ount of derlying urities str. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Ownership (Instr. 4)  D)
				Code V	(A) (		Date Exercisabl		piratior te	n Titl	Amount or Number of Shares				

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Sullivan Sean S 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020			EVP and CFO				

## **Signatures**

/s/Patrick L. Donnelly, attorney in fact	05/26/2022
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On May 25, 2022, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0219615 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, May 6, 2022. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.