## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Salen Kristina			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 05/25/2022					-						
NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City	(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					Cquir	nired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A	4. Securities Acquire (A) or Disposed of ( (Instr. 3, 4 and 5)		(D) Beneficia		ally Owned Following Transaction(s)		Ownership Form:	7. Nature of Indirect Beneficial Ownership
				(Monul/Day/Tear)	Code	V Aı	nount	(A) or (D) I	Price	(msu. 3 a	, and 4)		or Indirect (I) (Instr. 4)	
Common	Stock		05/25/2022		A	99	(1)	A S	0 8	110,633			D	
Reminder:	Report on a s	separate line for	each class of secur	ities beneficially ov		Persons contain	s who	respond	n are	not requ		spond unle	ss	1474 (9-02)
Reminder:	Report on a s	separate line for	Table II - I	ities beneficially ov	ies Acquir	Persons contain the forn	s who ed in n disp	respond this form plays a c	n are urren ficiall	not requ itly valid	ired to res		ss	1474 (9-02)
1. Title of	2.	3. Transaction Date (Month/Day/Y	Table II - I (a 3A. Deemed Execution Dat (any)	Derivative Securities, puts, calls, wa 4. te, if Transaction Code (Instr. 8)	ies Acquire arrants, op	Persons contain the form ed, Dispo tions, con 6. Date 1 and Exp (Month/	s who ed in on disposed of order tile	respond this form plays a c , or Bene- ble securi sable	ficially ties) 7. Tit Amou Unde Secur	not requitly valid  y Owned  tle and unt of erlying	OMB conf	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Natural of Indirection of Indire

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Salen Kristina 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

## **Signatures**

/s/Patrick L. Donnelly, attorney in fact	05/26/2022
**Signature of Reporting Person	Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On May 25, 2022, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0219615 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, May 6, 2022. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.