## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)															
1. Name and Address of Reporting Person * MAFFEI GREGORY B					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS					3. Date of Earliest Transaction (Month/Day/Year) 03/17/2022							-	Officer (give title below) Other (specify below)				
(Street) NEW YORK, NY 10020				4. If Amendment, Date Original Filed(Month/Day/Year)							Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)							Table	I - Non-	Deriva	ative !	Securitie	es Acquir	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year		ate, if	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			of (D)	Owned Following Transaction(s)		ecurities Beneficially ng Reported		7. Nature of Indirect Beneficial Ownership	
					(Year)		Code V		ount	(A) or (D)	Price	(Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)		
Common	Stock		03/17/2022				M		76,	795	A 5	\$ 1.66	583,304			D	
Common Stock 03/17/2022				F		20,	545	D e	\$ 6.205	562,759			D				
			Table II					in that a cu	nis fo urrent Dispos	rm a tly va ed of,	re not re alid OME or Bene	equired B contro	to respon ol number.		tion contair e form disp		, ,
1. Title of Derivative Security (Instr. 3)			3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code	tion (	5. Nur of Der Securi Acquir	mber rivative ities red (A) posed	e Expiration Date (Month/Day/Year) S		7. Title of Undo Securit			f 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	Ownershi Form of Derivativ Security: Direct (D or Indirect (s) (I)	Ownership (Instr. 4)		
				Code	V	(A)		Date Exercisa	ble	Expi Date	iration	Title	Amou or Numb of Share	er	(Instr. 4)	(Instr. 4	
Stock Option (Right to Buy)	\$ 1.66	03/17/2022		М		7	6,795	05/23/2	2013	05/2	23/2022	2 Comn Stoc	1/6.7	95 \$ 1.66	0	D	

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
MAFFEI GREGORY B 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

#### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	03/18/2022
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents the exercise price of the stock option referenced in Table II which was paid by way of the withholding by the Company of shares with a value equal to the exercise price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.