FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * HOLDEN JAMES P				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2022							Office	er (give title belo	ow)	Other (specify l	pelow)		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
NEW YO	ORK, NY	10020												one reporting	. 0.50.1	
(City	')	(State)	(Zip)		T	able I	- Non	-Deri	vative S	Securities .	Acqui	ired, Disp	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execut	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquir (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial	nt of Securities lly Owned Following Transaction(s) nd 4)		` /	Beneficial Ownership	
						C	ode	V	Amour	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		02/25/2022				A		7,572 (1)	A	\$ 0	294,216			D	
			Table II - 1				quire	the fo	orm dis	splays a c	curre:	ntly valid	OMB cont	spond unle rol numbe	SS	1474 (9-02)
1. Title of	12	3. Transaction	1	<i>e.g.</i> , pu	ts, calls, w	arran 5.	ts, opt				T	itle and	9 Dries of	0 Number	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	Date	Execution Date (Year) any	te, if Transaction Code (Instr. 8)		Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Und Secu	ount of erlying urities tr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	of Indirect Beneficia Ownershi (Instr. 4)	
						of (D) (Instr) . 3,								(/ (/)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
HOLDEN JAMES P 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

Signatures

/s/Patrick L. Donnelly, attorney in fact	02/28/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - On February 25, 2022, Sirius XM Holdings Inc. ("Sirius XM") paid a regular cash dividend of \$0.0219615 per share on each share of its outstanding common stock and paid a special cash dividend of \$0.25 per share on each share of its outstanding common stock. These dividends were payable to all holders of Sirius XM's common stock of
- (1) record as of the close of business on February 11, 2022. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of these dividends. These additional restricted stock units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.