FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
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nours per response					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(11mt of 1)	pe Response	s)												
1. Name and Address of Reporting Person* Altman Dara F			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) EVP & Chief Admin. Officer					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2022											
(Street) NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		Execution Date, if Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership of Form: Direct (D)	Beneficial Ownership		
					Code	V	Amount	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		02/25/2022		A		5,177 (1)	A	\$ 0	473,720			D	
										56,427			I	By 401(k)
Common	Stock									30,427			•	Plan
		separate line for		Derivative Securiti	es Acquire	Perso conta the fo	ons who ined in orm disp	responding this for solays a	rm are curre	the collecte not requ		ormation spond unle trol numbe	SEC	
Reminder: 1	Report on a s	3. Transaction Date (Month/Day/Y	Table II - I (a. 3A. Deemed Execution Day any	Derivative Securiti e.g., puts, calls, wa 4. te, if Transaction Code (Instr. 8)	es Acquire	Perso conta the fo ed, Dis tions, o 6. Dat and E	ons who ined in orm disp	o responding this for blays a state of the secundary is able of the sec	rm are curre deficial rities) 7. T Amo Und Secu	the collecte not requ	ired to res	spond unle	SEC SS Of 10. Ownersl Form of Derivati Security Direct (l or Indire	11. Na hip of Indi Benefi Owner (Instr.
Reminder: 1 1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction	Table II - I (a. 3A. Deemed Execution Day any	Derivative Securiti e.g., puts, calls, wa 4. te, if Transaction Code (Instr. 8)	es Acquires rrants, op 5. Number of Derivative Securities Acquired (A) or Disposed	Perso conta the fo ed, Dis tions, o 6. Dat and E	ons who	o responding this for blays a state of the secundary is able of the blays and the secundary is able of the secundary is a secundary in the secundary in the secundary is a secundary in the secundary in the secundary is a secundary in the secundary in the secundary is a secundary in the secundary in the secundary is a secundary in the secundary is a secundary in the secund	rm are curre reficial rities) 7. T Ame Und Secu (Ins: 4)	the collecte not required in the collecte not required in the collected in	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	SEC of 10. Ownersl Form of Derivati Security Direct (l) or Indirect (s) (I)	11. Na hip of Indi Benefi Owner (Instr.

Reporting Owners

		Relationships					
	Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
1	Altman Dara F 221 AVENUE OF THE AMERICAS NEW YORK, NY 10020			EVP & Chief Admin. Officer			

Signatures

/s/Patrick L. Donnelly, attorney in fact	02/28/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - On February 25, 2022, Sirius XM Holdings Inc. ("Sirius XM") paid a regular cash dividend of \$0.0219615 per share on each share of its outstanding common stock and paid a special cash dividend of \$0.25 per share on each share of its outstanding common stock. These dividends were payable to all holders of Sirius XM's common stock of
- (1) record as of the close of business on February 11, 2022. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of these dividends. These additional restricted stock units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.