### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)															
1. Name and Address of Reporting Person * FREAR DAVID J					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS					3. Date of Earliest Transaction (Month/Day/Year) 06/01/2018								X_ Officer (give title below) Other (specify below)  Senior EVP and CFO				
(Street) NEW YORK, NY 10104				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person				
(C		(State)	(Zip)				Tab	le I - No	on-Der	ivative S	ecuritie	s Acquir	ed, Disposed of,	or Benefic	ially Owned		
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye			ear) Ex	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(IV	(Month/Day/Tear)		Co	Code V		Amount	(A) or (D)		or (I)		r Indirect (Ins	(Instr. 4)	
Common	n Stock		06/01/2018				A	A	42 (1	24,328	A	\$ 0	32,699			)	
Common	ı Stock											8	87,282			Į.	By 401(k) Plan
Common	Common Stock											1	1,900			I	By Spouse
Reminder:	Report on a s	separate line for each	n class of securities b			tive Securiti		Pe thi cu	ersons is forr urrentl	n are no y valid (	t requi	red to re ontrol n				n SEC	1474 (9-02)
Security (Instr. 3)	Conversion	Date Exe (Month/Day/Year) any	3A. Deemed	4. Transa Code	5. Number Fransaction Derivative Code Securities		varrants, options, r of 6. Date Ex- e Expiration (Month/D of (D)		e Exerc ation Da	convertible securion xercisable and n Date		ies) 7. Title a	and Amount of	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported		Ownershi (Instr. 4)
				Code	v	(A)	(D)	Date Exerci	isable	Expirat Date	ion	Title	Amount or Number of Shares		Transaction( (Instr. 4)	(I) (Instr. 4	)
Stock Option (Right	\$ 7.07	06/01/2018		A		2,238,802	2	06/01	1/2019	06/01/	/2028	Commo Stock	12.238.802	\$ 7.07	2,238,802	2 D	

## Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
FREAR DAVID J 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			Senior EVP and CFO				

# **Signatures**

/s/Patrick L. Donnelly, attorney in fact	06/04/2018
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- $\textbf{(1)} \ \, \text{Approximately one-third of restricted stock units will vest on each of } 6/1/19, 6/1/20 \ \text{and } 5/31/21.$
- (2) Approximately one-third of options will vest on each of 6/1/19; 6/1/20 and 5/31/21.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, \textit{see}\ Instruction\ 6 for procedure.$ 

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.