FORM 4

(Print or Type Pecnonces)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BARRY THOMAS D			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 11/29/2021						X Officer (give title below) Other (specify below) Senior VP & Controller					
NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)		(State)	(Zip)	Table I - Non-Derivative Securities Acqu				Acqu	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	d 5. Amount of Securities Beneficially Owned Follow Reported Transaction(s) (Instr. 3 and 4)		ollowing	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	V	Amount	(A) or (D)	Price		or Indire (I) (Instr. 4)			(Instr. 4)
Common Stoc	ck		11/29/2021		A		1,427 (1)	A	\$ 0	428,439			D	
Common Stoc	ck									14,227			I	By 401(k)
			1.1.6				11 .1							Plan
	rt on a se	parate line for	Table II - I	ities beneficially ow Derivative Securitie	es Acquire	Perseconta conta the fe	ons who ained in orm disp	respo this for plays a	rm are curre reficial	not requesting ntly valid		ormation spond unle rol numbe	ss	Plan 1474 (9-02)
Reminder: Report 1. Title of Derivative Security (Instr. 3) Reminder: Report 2. Conv. Security or Ex.	version I xercise (e of vative	parate line for 3. Transaction Date (Month/Day/Y	Table II - I (a 3A. Deemed Execution Dat (ear)	Derivative Securities.e.g., puts, calls, war factor of Code (Instr. 8)	es Acquire rrants, op	Perseconta the for ed, Distions, 6. Da	ons who ained in orm disp	o respo this for plays a f, or Ben ble secu sable i Date	rm are curre neficial rities) 7. T Amo Und Sect	not requesting ntly valid	OMB cont 8. Price of	pond unle	of 10. Ownersl Form of Derivati Security Direct (1 or Indire	11. Natu of Indire Benefici oversh (Instr. 4)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BARRY THOMAS D 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020			Senior VP & Controller			

Signatures

/s/Patrick L. Donnelly, attorney in fact	11/30/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On November 29, 2021, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0219615 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, November 5, 2021. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.