FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	s)											
1. Name and Address of Reporting Person * MEYER JAMES E				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 08/31/2020					X Officer (give title below) Other (specify below) Chief Executive Officer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
NEW YO	ORK, NY	(State)	(Zip)			.	g						
		` ′	2. Transaction	2A. Deemed			e Securities						7 Natura
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)	(A) (D)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		d 5. Amount of Securities Beneficially Owned Followin Reported Transaction(s) (Instr. 3 and 4)		ollowing	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	V Am	ount (A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		08/31/2020		A	3,1 (1)	84 A	\$ 0	3,471,21	10		D	
			Table II - I			the form	d in this for displays a						
				Derivative Securiti					ly Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Data (ear) any	e.g., puts, calls, wa 4. te, if Transaction Code (Year) (Instr. 8)	rrants, op 5.		tertible secur tercisable ation Date	7. Ti Amo Und Secu	itle and ount of erlying urities tr. 3 and	8. Price of	9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivati Security Direct () or Indire	Ownersh (Instr. 4)

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
MEYER JAMES E 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X		Chief Executive Officer		

Signatures

/s/Patrick L. Donnelly, attorney in fact	09/02/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On August 31, 2020, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.01331 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, August 7, 2020. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.