### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Carleton Mark D			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner				
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS		, J. L	3. Date of Earliest Transaction (Month/Day/Year) 08/31/2020					-	Officer	r (give title belo	ow)(	Other (specify be	elow)
(Street) NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)						Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person				
(City) (State)	e) (Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					Owned					
1.Title of Security (Instr. 3)	2. Transact Date (Month/Day	Exe ay/Year) any		Code (Instr. 8	(/	4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		Beneficia Reported		nt of Securities ally Owned Following Transaction(s)		Ownership Form:	Beneficial
		(MC	onth/Day/Year	Code	VA	amount	(A) or (D)	Price	(instr. 3 ai	: 3 and 4)			Ownership (Instr. 4)
Common Stock	08/31/202	20		A	6	8 <u>(1)</u>	A	80	109,353			D	
Reminder: Report on a separate	e line for each class	of securities	beneficially ov	vned dire	Person contair	s who ned in t	this forr	n are	not requ		spond unle	ss	474 (9-02)
Reminder: Report on a separate		ble II - Deri	ivative Securit	ies Acqui	Person contain the for red, Disp	ns who ned in t m displ	this forr lays a c	n are urren ficially	not requ tly valid	ired to res		ss	474 (9-02)
1. Title of 2. 3. Tran Derivative Conversion Date	nsaction 3A. D Executh/Day/Year) any	ble II - Deriv (e.g.,	tvative Securities, puts, calls, was 4.  f Transaction Code (Instr. 8)	es Acqui arrants, o	Person contain the form the form the form the form the form the form of the form the	ns who ned in t m displ osed of, onvertib Exercis piration n/Day/Yo	this forr lays a co or Bene ole secur sable Date ear)	n are urren ficially ities) 7. Tit Amou Unde Secur (Instr 4)	not required tly valid y Owned le and unt of rlying	omB cont 8. Price of	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	ip of Indir Benefic Owners (Instr. 2

## Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Carleton Mark D 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

# **Signatures**

/s/Patrick L. Donnelly, attorney in fact	09/02/2020
**Signature of Reporting Person	Date

## **Explanation of Responses:**

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On August 31, 2020, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.01331 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, August 7, 2020. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.