FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1												
Name and Address of Reporting Person * Procope Jonelle				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 07/31/2020						Office	r (give title belo	ow)	Other (specify	pelow)		
(Street) NEW YORK, NY 10020				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution any		Code (Instr. 8)		(/	4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		Beneficially Owned Following Reported Transaction(s)		Form:	7. Nature of Indirect Beneficial		
				(Month/Day/Year)		Cod	le	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		07/31/2020			A			6,500) A	\$ 0	26,500			D	
			Table II - J				t	he for	m dis	plays a f, or Bei	curr neficia	ently valid		spond unle trol numbe		
	I _	I	`	e.g., puts, c												
Security	2. Conversion or Exercise Price of Derivative Security		Execution Da	Code	, if Transaction Number of		ive les ed	6. Date Exercisable and Expiration Date (Month/Day/Year)		An Un Sec	ount of derlying urities str. 3 and Derivative Security (Instr. 5)		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	Beneficia Ownershi (Instr. 4)	
				Cod	e V	(A) (I	11.5	Date Exercis		Expiratio Date	n Tit	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Procope Jonelle 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

Signatures

/s/Patrick L. Donnelly, attorney in fact	08/03/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Units will vest on June 5, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.