FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * Carleton Mark D				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 06/05/2020)		Office	er (give title belo	ow)	Other (specify b	elow)
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							ear)	-	6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person iired, Disposed of, or Beneficially Owned				
NEW YORK, NY 10104 (City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							ties A	cqui					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		ed of	of (D) Beneficia Reported		ant of Securities ally Owned Following d Transaction(s)		6. Ownership Form:	. Nature f Indirect seneficial	
							ode	V	Amour	(A or nt (E	r	rice	(Instr. 3 a	nd 4)		\ /	
Common Stock 0		06/05/2020				A		27,130 (1)	6 A	\$	50	109,285			D		
				Derivative So			t	the fo	orm dis sposed o	plays of, or I	s a cu Benef	urrer ficiall	ntly valid	OMB cont	spond unle rol numbe		
		1		e.g., puts, ca	lls, w	arran											
Security	2. Conversion or Exercise Price of Derivative Security	*****	Execution Da Year) any	te, if Transaction Code Year) (Instr. 8)		Number		6. Date Exercisable and Expiration Date (Month/Day/Year)			e	Amo Unde Secu	tle and bunt of erlying rities r. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivating Security Direct (I or Indire	Beneficial Ownershij (Instr. 4)
				Code	V	(A)		Date Exerc		Expira Date	ntion	Title	Amount or Number of Shares	er			

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Carleton Mark D 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104	X					

Signatures

/s/Patrick L. Donnelly, attorney in fact	06/05/2020		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Units will vest on June 5, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.