FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Fillit of Ty	pe Response	S)												
1. Name and Address of Reporting Person* MEYER JAMES E			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 05/29/2020						X Officer (give title below) Other (specify below) Chief Executive Officer					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
	ORK, NY													
(City	"	(State)	(Zip)	Ta					-	red, Dispo	osed of, or l	Beneficially (Owned	
1.Title of S (Instr. 3)	Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	(Instr. 8) (D)			of	5. Amount of Securities Beneficially Owned Follow Reported Transaction(s) (Instr. 3 and 4)		ollowing	Form:	7. Nature of Indirect Beneficial Ownership	
					Code	V An	,	A) or (D)	Price				(I) (Instr. 4)	(Ilisu. 4)
Common	Stock		05/29/2020		A	3,4	107 A	A :	\$ 0	3,468,02	26		D	
Reminder:	Report on a s	separate line for	each class of secur	rities beneficially ov		Persons	who re				ction of inf			1474 (9-02)
Reminder:	Report on a s	separate line for	Table II - 1	Derivative Securit	ies Acquire	Persons containe the form	who re ed in thi display	is form lys a co or Bene	m are currer eficiall	not requ itly valid	ired to res	ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of		3. Transaction Date	Table II - 1 (3A. Deemed Execution Da (Year) any	Derivative Securit e.g., puts, calls, wa 4. te, if Transaction Code Year) (Instr. 8)	ies Acquire	Persons containe the form	who re ed in thi display sed of, or vertible exercisab ration Da	or Bene e secur ble	eficiallities) 7. Ti Amo Unde	not requ itly valid	OMB con 8. Price of	spond unle	of 10. Owners: Form of Derivati Security Direct (or Indire	11. Nature of Indirect Benefici Owners! (Instr. 4)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
MEYER JAMES E 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104	X		Chief Executive Officer			

Signatures

/s/Patrick L. Donnelly, attorney in fact	06/01/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On May 29, 2020, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.01331 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, May 8, 2020. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.