## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person * Bodenheimer George Ward			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director  10% Owner						
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS		3. Date of Earliest Transaction (Month/Day/Year) 02/28/2020					-	Office	r (give title belo	ow)(	Other (specify be	elow)		
NEW YORK, NY 10104		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficial				Beneficially (	Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		(Instr. 8	(	4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		f (D) Beneficia Reported		ally Owned Following Transaction(s)		6. Ownership Form:	Beneficial
				(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 a	r. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		02/28/2020		A		82 (1)	A S	0 8	82,042			D	
Reminder:	Report on a s	separate line for	each class of secur	ities beneficially ov	vned direc	Perso conta	ns who ined in	respond	n are	not requ		ormation spond unleader	ss	474 (9-02)
Reminder:	Report on a s	separate line for	Table II - I	ities beneficially ov  Derivative Securiti e.g., puts, calls, wa	es Acquii	Perso contai the fo	ons who ined in orm disp	respond this form plays a c	n are urren ficially	not requ tly valid	ired to res	spond unle	ss	474 (9-02)
1. Title of	2.	3. Transaction Date (Month/Day/Y	Table II - I (a 3A. Deemed Execution Dat (any)	Derivative Securiti e.g., puts, calls, wa 4. te, if Transaction Code Year) (Instr. 8)	es Acquii errants, o	Perso contai the fo red, Disp otions, o 6. Dat and Ex (Mont	ons who ined in orm disp	o respond this form plays a c f, or Benerable securi isable in Date	ficially ties) 7. Tit Amor Unde Secur	not required the valid of the and the control of the value of the valu	OMB conf	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indirection Benefic (Owners (Instr. 4

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Bodenheimer George Ward 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104	X				

## **Signatures**

/s/Patrick L. Donnelly, attorney in fact	03/02/2020
**Signature of Reporting Person	Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On February 28, 2020, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.01331 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, February 12, 2020. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.