FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 Name ar														
Name and Address of Reporting Person* BARRY THOMAS D			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 02/03/2020						X Officer (give title below) Other (specify below) Senior VP & Controller					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
NEW YO	ORK, NY	(State)	(Zip)											
(City)	(State)	(Zip)	Ta	ble I - No	n-Der	ivative S	ecurities	Acqui	red, Dispo	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			of (D)	Beneficially Owned Following Reported Transaction(s)			Ownership of Form:	Beneficial			
		(Month/Day/Year)	(A) or			or Indirect (Ir	Ownership (Instr. 4)							
Commor	Stock		02/03/2020		Code F	V	Amour 20,524	· ` /	Price \$ 7.07	80,904			(Instr. 4) D	
Commor	Stock		02/05/2020		A		116,33 (2)	7 A		197,241			D	
Commor	Stock									14,012			ī	By 401(k)
										14,012			1	Plan
	Report on a s	separate line fo	r each class of secur	ities beneficially or	wned direc	Pers cont	ons wh	o respo	m are	he collec		ormation pond unle	ss	Plan
	Report on a s	separate line fo	Table II - 1	ities beneficially over the securities.	ies Acquir	Pers cont the f	ons wh ained ir orm dis	o responding this for plays a	m are currer eficiall	he collec not requ tly valid	ired to res	pond unle	ss	
Reminder:	•	3. Transaction Date (Month/Day/	Table II - 1 1 3A. Deemed Execution Da any	Derivative Securities, puts, calls, was ten if Transaction Code (Instr. 8)	ies Acquir	Pers cont the feet, Di tions, and I (Mor	ons wh ained ir orm dis	o responding this for plays a lift, or Bendible secunisable in Date	rm are currer eficiall rities) 7. Ti Amo Unde	he collec not requ tly valid	ired to res	pond unle	of 10. Owners Form of Derivati Security Direct (or Indire	Plan 1474 (9-02) 11. Nat of Indir Benefic Owners (Instr. 4

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
BARRY THOMAS D 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			Senior VP & Controller		

Signatures

/s/Patrick L. Donnelly, attorney in fact	02/05/2020

**a:	Date
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the surrender of common stock to the Company to cover withholding taxes upon the vesting of restricted stock units and related dividends.
- Represents shares of common stock underlying an February 1, 2018 grant of performance-based restricted stock units, including related dividend equivalent units, upon the (2) satisfaction of the applicable performance criteria. Such performance-based restricted stock units shall vest on February 1, 2021, subject to the reporting person's continuing employment with Sirius XM.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.