FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Greenstein Scott Andrew		2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Pres. & Chief Content Officer					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 12/24/2019										
(Street) NEW YORK, NY 10104			4. If Amendment, Date Original Filed(Month/Day/Year)					- -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own					Owned					
1.Title of Security (Instr. 3)			2A. Deemed Execution Date, i any (Month/Day/Year	(Instr. 8)	(4	(A) or Disposed of (Instr. 3, 4 and 5) (A) or		f (D) Benefici		ant of Securities ally Owned Following d Transaction(s) and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V			Price				(I) (Instr. 4)	
Common Stock	1	2/24/2019		F		121,718 1)		\$ 7.09	828,209			D	
									74,567				By 401(k)
Common Stock									/4,36/				Plan
Common Stock Reminder: Report on a s	separate line for o	Table II - 1	Derivative Securi	ties Acquir	Person contain the for ed, Disp	ns who ined in t rm displ	his forr lays a c	m are curren	he collec not requ tly valid		ormation spond unle irol numbe	SEC ss	
	3. Transaction	Table II - 1 (3A. Deemed Execution Da	Derivative Securi e.g., puts, calls, w	ties Acquir arrants, op	Person contai the for ed, Disp tions, c	ns who ined in t rm displ	his form lays a constant or Beneale secur able Date	eficiallities) 7. Tit Amo Under	he collec not requ tly valid	ired to res	spond unle	SEC SS T. Ownersl Form of Derivati Security Direct (l or Indire	111. Nature of Indirection Owners: (Instr. 4

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Greenstein Scott Andrew 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			Pres. & Chief Content Officer				

Signatures

/s/Patrick L. Donnelly, attorney in fact	12/24/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the surrender of common stock to the Company to cover withholding taxes upon the vesting of restricted stock units and related dividends.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.