UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * MAFFEI GREGORY B			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director Officer (give title below) Other (specify below)						
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 11/29/2019									-		
NEW YORK, NY 10020			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acq				cquir	red, Dispe	osed of, or I	Beneficially (Owned		
1.Title of S (Instr. 3)	3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		f (D) Beneficia Reported		ally Owned Following I Transaction(s)			7. Nature of Indirect Beneficial Ownership	
				(World) Day Tear	Code	V Am		A) or (D) P	rice	(msu. 3 a	sstr. 3 and 4)		or Indirect (I) (Instr. 4)	
Common	Stock		11/29/2019		A	90	(1) A	\$	0 4	413,513			D	
Reminder:	Report on a s	separate line for	each class of secur	ities beneficially ov		Persons containe	who re	is form	n are	not requ		spond unle	ss	1474 (9-02)
Reminder:	Report on a s	separate line for	Table II - I	ities beneficially ov Derivative Securities, puts, calls, wa	ies Acquir	Persons containe the form ed, Dispos	who re d in thi display	is form ys a cu r Benef	n are urren ficially	not requ itly valid	ired to res		ss	1474 (9-02)
1. Title of	2.	3. Transaction Date (Month/Day/Y	Table II - I (a. 3A. Deemed Execution Date any	Derivative Securities, puts, calls, was te, if Transaction Code (Instr. 8)	ies Acquire arrants, op	Persons containe the form ed, Dispos	who red in thit displayed of, or vertible kercisabation Da	r Benefe securit	n are urren ficially ties) 7. Tit Amou Unde Secur	not requitly valid y Owned tle and unt of erlying	OMB conf	spond unle	of 10. Ownersh Form of Derivatii Security Direct (I or Indire	11. Natural of Indirection of Indire

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
MAFFEI GREGORY B 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X					

Signatures

/s/Patrick L. Donnelly, attorney in fact	12/02/2019
**Signature of Reporting Person	Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On November 29, 2019, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.01331 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, November 8, 2019. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.