FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
OMB Number:	3235-0287
Estimated average bu	urden
hours per respense	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)															
1. Name and Address of Reporting Person * DONNELLY PATRICK L					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS					3. Date of Earliest Transaction (Month/Day/Year) 11/22/2019								X Officer (give title below) Other (specify below) EVP, General Counsel & Sec.				
(Street)				4. I	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
	ORK, NY 1	(State)	(Zip)				T-1-1	. T N	D	4* C							
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yes			ear) E				3. Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Transaction(s)			6. Ownership Form:	Beneficial	
				(1	(Month/Day/Year)		Со	Code V		mount	(A) or (D)		or Indir (I)		Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)	
Commo	n Stock		11/22/2019				A		29 (1)	93,902	A	\$ 0 1	,129,216			D	
Commo	n Stock		11/22/2019				F	7	37	79,909	D	\$ 6.96	749,307			D	
Commoi	n Stock											1	18,618			Í	By 401(k) Plan
Reminder:	Report on a s	separate line for each	h class of securities b				-	P th c	ersons nis forn urrently	n are no y valid (ot requ OMB c	ired to re ontrol nu				n SEC	1474 (9-02)
			Table			tive Securit its, calls, w							vned				
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, if To Conversion or Exercise (Month/Day/Year) any			Code	ransaction Derivative Securities			6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Tit			Underlyi	Fitle and Amount of derlying Securities str. 3 and 4)		Securities Beneficially Owned Following Reported	Owners Form o Derivat Security Direct (or Indir	Ownersh y: (Instr. 4	
				Code	· V	(A)	(D)	Date Exerc	isable	Expirat Date	tion	Title	Amount or Number of Shares		Transaction (Instr. 4)	(I) (Instr. 4	4)
				Couc		()	(-)										

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DONNELLY PATRICK L 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			EVP, General Counsel & Sec.			

Signatures

/s/ Patrick L Donnelly	11/25/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Approximately one-third of restricted stock units will vest on each of 11/22/20, 11/22/21 and 11/22/22.

- (2) Represents the surrender of common stock to the Company to cover withholding taxes upon the vesting of restricted stock units and related dividends.
- $\textbf{(3)} \ \ \text{Approximately one-third of options will vest on each of } 11/22/20, 11/22/21 \ \text{and} \ 11/22/22.$

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.