## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *  Greenstein Scott Andrew			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 05/31/2019						X Officer (give title below) Other (specify below)  Pres. & Chief Content Officer					
NEW YO	ORK, NY	(Street) 10104		4. If Amendment,	Date Origi	nal File	ed(Month/I	Day/Year)		_X_ Form file	ed by One Repo		(Check Applical Person	ble Line)
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acqu				Acqui	ired, Dispo	sed of, or I	Beneficially	Owned		
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ollowing	\ /	Beneficial Ownership	
					Code	V	Amount	(A) or (D)	Price			or Indirect (I) (Instr. 4)	(Instr. 4)	
Common	Stock		05/31/2019		A		2,416 (1)	A	\$ 0	1,176,92	23		D	
Common	Stock									74,107			I	By 401(k) Plan
Reminder:	Report on a s	separate line fo		Derivative Securiti	es Acquire	Person contain the for ed, Disp	ns who ined in rm disp	respon this for plays a c	m are curre eficial	not requesting ntly valid		ormation spond unle rol numbe	ss	1474 (9-02)
1. Title of	•	3. Transaction Date (Month/Day/)	Table II - I  (a)  3A. Deemed Execution Dat (Year)	Derivative Securities, puts, calls, wa 4. te, if Transaction Code (Instr. 8)	es Acquire rrants, op	Person contain the for ed, Disp tions, c	ns who ined in rm disp	respon this for olays a con- control of the olde secur sable Date	eficial rities) 7. Ti Amo Und Secu	not requesting ntly valid	OMB cont	spond unle	of 10. Owners: Form of Security Direct (i or Indire	11. Nat of Indir Benefic ve Owners (Instr. 4

#### **Reporting Owners**

		Relationships					
	Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
1	Greenstein Scott Andrew 290 AVENUE OF THE AMERICAS IEW YORK, NY 10104			Pres. & Chief Content Officer			

### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	06/03/2019
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On May 31, 2019, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0121 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, May 10, 2019. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.