FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMMISSION	OMB APPROVAL	
	OMB Number: Estimated average burden hours per	3235-0287
IP OF SECURITIES	response	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)																
Name and Address of Reporting Person * Verbrugge Joseph A				Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 04/23/2019							X_Officer (give title below) Other (specify below) EVP, Division President CV					
(Street) NEW YORK, NY 10104				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)		(Zip)	Table I - Non-Derivative Securities Acqui						Acquir	ired, Disposed of, or Beneficially Owned					
		2. Transactio (Month/Day	/Year) Execution Date, if any		if (Instr. 8)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form:			Beneficial		
				((Month/Day/Yea	rr) Co	de	v	Amount	(A) or (D)	Price				Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Reminder: Report on a separate	line for each class of	securities beneficially	owned directly or in	ndirectly.												
Persons who respond to the collection of information contained in this form are not required to SEC 1474 (9-02) respond unless the form displays a currently valid OMB control number.																
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ce of (Month/Day/Year) Execution Execution (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans (Instr. 8)		osed of (D)		Expiration D	Expiration Date Se		and Amount of Underlying ies 3 and 4)	Derivative Security (Instr. 5)	Securities Beneficially	Ownership o	Beneficial Ownership
				Со	de V	(A)		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect	(Instr. 4)

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Verbrugge Joseph A 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			EVP, Division President CV				

Signatures

/s/Patrick L. Donnelly, attorney in fact	05/13/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

In connection with the reorganization by Sirius XM Holdings Inc. ("Sirius XM") of its executive management and reporting structures, the Board of Sirius XM determined that the reporting person's policy making functions have changed

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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