## FORM 4

(Print or Type Pecnonces)

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Greenstein Scott Andrew				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 02/28/2019								X Officer (give title below) Other (specify below)  Pres. & Chief Content Officer						
(Street) NEW YORK, NY 10104				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui							quir	ired, Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	Execution any	A. Deemed Execution Date, if ny Month/Day/Year)		(Instr. 8)		ction	4. Securities Acqu (A) or Disposed of (D) (Instr. 3, 4 and 5)		d of	f Beneficia		nt of Securities ally Owned Following Transaction(s) and 4)		Ownership Form: Direct (D)	Beneficial Ownership	
						Co	ode	V	Amour	(A) o		ce				or Indirect (I) (Instr. 4)	(Instr. 4)	
Common	Common Stock 02/28/2019		02/28/2019				1	4		2,399 (1)	A	\$ 0	)	1,437,898			D	
Common	Stock												,	73,956			I	By 401(k) Plan
Reminder:	Report on a s	separate line fo	r each class of secur Table II - J	Derivativ	e Seci	uriti	es Ac	quire	Personta conta the fo	ons whained in	o responding this for this for Book	orm a a cur enefic	are ren	not requ tly valid	ction of inf ired to res OMB conf	spond unle	ss	1474 (9-02)
1. Title of	2.	3. Transaction		e.g., puts	, calls		rrant 5.	s, opt		te Exer				tle and	8. Price of	9. Number	of 10.	11. Natur
Security	Conversion or Exercise Price of Derivative Security	Date (Month/Day/\)	Execution Date any (Month/Day/Y	Co	Code		Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year) Us			Inde ecui Instr	unt of orlying rities : 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	Security Direct ( or Indir	Beneficia Ownershi (Instr. 4)	
				C	ode	V	(A)	(D)	Date Exerc	cisable	Expirati Date	on T	itle	Amount or Number of Shares				

#### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Greenstein Scott Andrew 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			Pres. & Chief Content Officer					

### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	03/01/2019
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On February 28, 2019, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0121 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, February 11, 2019. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.