## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *     AMBLE JOAN LORDI			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 02/28/2019					-						
(Street) NEW YORK, NY 10104			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City	)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficia					Beneficially (	Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A) or Disposed of (Instr. 3, 4 and 5)		(D) Beneficia Reported		ally Owned Following Transaction(s)		Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(World) Day Tear	Code	V An	nount	(A) or (D)				or Indirect (I) (Instr. 4)		
Common	Stock		02/28/2019		A	64	<u>(1)</u>	A \$	0 8	87,891			D	
Reminder:	Report on a s	separate line for	each class of secur	ities beneficially ov		Persons containe	who ed in t	respond	n are	not requ		spond unle	ss	1474 (9-02)
Reminder:	Report on a s	separate line for	Table II - I	ities beneficially ov Derivative Securities, van	ies Acquir	Persons containe the form	who ed in t disp	respond this form plays a c	n are urren ficiall	not requ itly valid	uired to res		ss	1474 (9-02)
1. Title of	2.	3. Transaction Date (Month/Day/Y	Table II - I (a 3A. Deemed Execution Dat (any)	Derivative Securities, puts, calls, was te, if Transaction Code (Instr. 8)	ies Acquire arrants, op	Persons containe the form	who ed in to disp sed of, evertibe exercise ration	respond this form lays a c , or Bene- ble securi sable Date	ficially ties) 7. Tit Amou Unde Secur	not required the not required the and required the and required the notation of the relying	OMB conf	spond unle	of 10. Ownersh Form of Derivati Security Direct (I or Indire	11. Natural of Indire Benefic Owners: (Instr. 4

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
AMBLE JOAN LORDI 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104	X					

## **Signatures**

/s/Patrick L. Donnelly, attorney in fact	03/01/2019
**Signature of Reporting Person	Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On February 28, 2019, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0121 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, February 11, 2019. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.