UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) | | • | | | | | | | | | | |
|---|--|---|-----------------------|--|--|---|---|---------------------------|---------|--|---|---|
| 1. Name and Address of Reporting P BARRY THOMAS D | 2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
| 1290 AVENUE OF THE AM | 3. Date of Earliest Transaction (Month/Day/Year) 11/30/2018 | | | | | | X Officer (give title below) Other (specify below) Senior VP & Controller | | | | | |
| (Street) NEW YORK, NY 10104 | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person | | | | | | |
| (City) (State) | Table I - Non-Derivative Securities Acqu | | | | | ired, Disposed of, or Beneficially Owned | | | | | | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, any (Month/Day/Yea | if Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5) | | | of (D) | | | ollowing | 6. Ownership Form: Direct (D) | 7. Nature of Indirect Beneficial Ownership |
| | | | Code | V | Amount | (A) or (D) | Price | | (I) | | or Indirect (I) (Instr. 4) | (Instr. 4) |
| Common Stock | 11/30/2018 | | A | | 721 (1) | A | \$ 0 | 399,750 |) | | D | |
| Common Stock | | | | | | | | 14,238 | | | I | By 401(k) Plan |
| Reminder: Report on a separate line f | Table II - I | Derivative Securi | ties Acquir | Persontation the fo | ons who ained in orm dis | o respon this for plays a c | m are curre | not requesting ntly valid | OMB con | formation spond unle trol numbe | ss | 1474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transactic Date (Month/Day | on 3A. Deemed Execution Da (Year) any | 4. | 5. | 6. Da and I (Mor | ate Exerc Expiratio nth/Day/\(^1 | isable n Date | 7. Tr Amo Und Secu (Inst 4) | Amount or Number of | | 9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Owners Form of Derivat Security Direct (or Indir | Beneficia Ownershi (Instr. 4) D) ect |
| Reporting Owners | | Code V | (A) (D) | | | | | Shares | | | | |

| | Relationships | | | | | |
|---|---------------|--------------|------------------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| BARRY THOMAS D 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104 | | | Senior VP & Controller | | | |

Signatures

| /s/Patrick L. Donnelly, attorney in fact | 12/03/2018 | | |
|--|------------|--|--|
| **Signature of Reporting Person | Date | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On November 30, 2018, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0121 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, November 9, 2018. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.