FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
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nours per response	e 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 37		s)												
Name and Address of Reporting Person* Altman Dara F			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 11/30/2018						X Officer (give title below) Other (specify below) EVP & Chief Admin. Officer				
(Street) NEW YORK, NY 10104				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea				f Code (Instr. 8)		4. Securities Acquire (A) or Disposed of ((Instr. 3, 4 and 5)		of (D)	(D) Beneficially Own Reported Transaction		ollowing	Form:	7. Nature of Indirect Beneficial	
				(Month/Day/Year	Code	V	Amoun	(A) or (D)	Price	(Instr. 3 and	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		11/30/2018		A		381 (1	A	\$ 0	246,999	999		D	
Common	n Stock									54,825			I	By 401(k) Plan
Damindar	Deport on a	canarata lina fo	r each class of secur	ities beneficially o	vned direc	tly or i	ndirectly							1 Ian
Reminder:	Report on a s	separate line fo		Derivative Securit	ies Acquir	Persoconta conta the fo	ons who	o respor this for plays a o	m are curre eficial	not requ ntly valid	OMB conf	ormation spond unle rol numbe	ss	1474 (9-02)
1. Title of Derivative Security		3. Transaction	Table II - I	Derivative Securites, puts, calls, was te, if Transaction Code (Instr. 8)	ies Acquir arrants, oj	Personna the formations, 6. Da and I (Mor	ons who	o respon this for plays a c f, or Bendible securion isable n Date	eficial rities) 7. Ti Amo Und Secu	not requ ntly valid	OMB cont	spond unle	of 10. Owners: Form of Derivati Security Direct (i	11. Natur of Indired Beneficia ove (Instr. 4)

Reporting Owners

		Relationships					
Reporting Owner Name / Addre	Direct	or 10% Owner	Officer	Other			
Altman Dara F 1290 AVENUE OF THE AMER NEW YORK, NY 10104	ICAS		EVP & Chief Admin. Officer				

Signatures

/s/Patrick L. Donnelly, attorney in fact	12/03/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On November 30, 2018, Sirius XM Holdings Inc. ("Sirius XM") paid a cash dividend of \$0.0121 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius XM's common stock on the record date, November 9, 2018. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by the filer, the filer received certain additional restricted stock units as a result of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.