FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Verbrugge Joseph A			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]					:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS			3. Date of Earliest Transaction (Month/Day/Year) 02/01/2018					[
(Street) NEW YORK, NY 10104			4. If Amendment, Date Original Filed(Month/Day/Year)					-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person		
	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		red (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Nature Ownership Form: Beneficial	
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) Ownershij or Indirect (Instr. 4) (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		02/01/2018		M		2,730,483	A	\$ 4.01	2,986,689	D	
Common Stock		02/01/2018		M		537,375	A	\$ 3.3699	3,524,064	D	
Common Stock		02/01/2018		M		479,450	A	\$ 3.92	4,003,514	D	
Common Stock		02/01/2018		M		434,320	A	\$ 3.61	4,437,834	D	
Common Stock		02/01/2018		A		81,833 (1)	A	\$ 0	4,519,667	D	
Common Stock		02/01/2018		S		863,570	D	\$ 6.0989 (2)	3,656,097	D	
Common Stock		02/01/2018		F		3,318,058	D	\$ 6.11 (3)	338,039	D	
Reminder: Report on a separate	line for each class	s of securities benefi	icially owned directl	v or indirectl	v.						

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of 3. Transaction 3A. Deemed 5. Number of 6. Date Exercisable and 7. Title and Amount of 8. Price of 9. Number of 11. Nature Derivative Date Execution Date, if Transaction Derivative Securities Expiration Date Underlying Securities Derivative Derivative Ownership of Indirect Security or Exercise (Month/Day/Year) Code Acquired (A) or (Month/Day/Year) (Instr. 3 and 4) Security Securities Form of Beneficial (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Disposed of (D) (Instr. 5) Beneficially Derivative Ownership Derivative (Instr. 3, 4, and 5) Owned Security: (Instr. 4) Following Direct (D) Security Amount or Reported or Indirect Expiration Title Number of Transaction(s) (I) Date Exercisable Shares (D) (Instr. 4) Code (A) (Instr. 4) 452,878 Common \$ 6.11 02/01/2018 A 02/01/2019 02/01/2028 452,878 \$ 6.11 452,878 D Stock

Stock Option (Right to Buy) Stock Option Common \$ \$ 3.3699 02/01/2018 M 537,375 08/05/2015 08/05/2024 537,375 179,125 D 3.3699 (Right Stock to Buy) Stock Option Common \$ 3.92 02/01/2018 479,450 08/05/2016 08/05/2025 479,450 479,450 D M \$ 3.92 (Right Stock to Buy) Stock Option Common 08/19/2014 08/19/2023 \$ 3.61 02/01/2018 M 434,320 434,320 \$ 3.61 0 D (Right Stock to Buy) Stock Option Common \$ 4.01 02/01/2018 M 2,730,483 12/11/2016 12/11/2025 2,730,483 \$ 4.01 1,365,241 D (Right Stock

Reporting Owners

to Buy)

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	Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Verbrugge Joseph A 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			EVP, Sales and Development	

Signatures

/s/Patrick L. Donnelly, attorney in fact	02/05/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Approximately one-third of restricted stock units will vest on each of 2/1/19, 2/1/20 and 2/1/21.
- (2) Represents the weighted average sales price for the price increments ranging from \$6.06 to \$6.17. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- (3) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.
- (4) Approximately one-third of options will vest on each of 2/1/19; 2/1/20 and 2/1/21.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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