UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	/													
1. Name and Address of Reporting Person * HARTENSTEIN EDDY W				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner				
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 08/11/2017						=	Officer (give	title below)		specify below)
(Street) NEW YORK, NY 10104				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group FilingCheck Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(Cit		(State)	(Zip)	Table I - Non-Derivative Securities Acqu					es Acquir	lured, Disposed of, or Beneficially Owned					
(Instr. 3) Dat		2. Transaction Date (Month/Day/Year)			(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)		d C	Ownership Form:	Beneficial	
				(Month/Day/Year)		Code V		Amount (A) or (D)		Price	(Instr. 3 and 4)			r Indirect (D) (nstr. 4)	Ownership (Instr. 4)
Common	Stock		08/11/2017			M	4	50,000	A S	8 0.09	476,098		Ι)	
Common	Stock		08/11/2017			F	7	,233		5 5.6 1)	468,865		I)	
Commor	Common Stock 08/11/2017				S	4	442,767	D 5		26,098			D		
	Penort on a	caparata lina for anak		eneficial	ly owned di					2)	.,				
	Report on a s	separate line for each	a class of securities b	- Deriva	ative Secur	rectly or	indirectly. Perso in this a curruluired, Dis	ons who s form a rently va	respondere not reallid OME	d to the dequired to a control	collection of to respond u		n contained		474 (9-02)
		3. Transaction	Table II 3A. Deemed Execution Date, if	- Deriva (e.g., p 4. Transact Code	5. Num Derivat Securit Acquire or Disp (D) (Instr. 3	ties Acq varrants, ber of live es es ed (A) osed of	indirectly. Perso in this a curruluired, Dis	ons who is form a cently va posed of, convertil ercisable Date	respondere not reallid OME, or Beneble securi	d to the dequired to a control	collection of to respond und number. wned and Amount rrlying es	8. Price of	9. Number of Derivative Securities Beneficially Owned Following Reported	10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nation of Indirection Benefic Owners (Instr. 4
Reminder: 1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II 3A. Deemed Execution Date, if any	- Deriva (e.g., p 4. Transact Code	5. Num ion Derivat Securit Acquire or Disp (D)	tities Acq varrants, ber of ive es es ed (A) osed of	Persoin this a curred, Dis, options, 6. Date Ex	ons who is form a rently various of convertile convertile Date Date (by Year)	responder not realid OME	d to the dequired to a control ficially Orities) 7. Title a of Unde Securities	collection of to respond und number. wned and Amount rrlying es	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indire Benefic Owners (Instr. 4

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
HARTENSTEIN EDDY W 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104	X				

Signatures

/s/Patrick L. Donnelly, attorney in fact	08/14/2017
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the exercise price of the stock option referenced in Table II which was paid by way of the withholding by the Company of shares with a value equal to the exercise price.
- (2) Represents the weighted average sales price for the price increments ranging from \$5.56 to \$5.5950. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.