FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Reporting Person * DONNELLY PATRICK L			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
1290 AVENUE OF	3. Date of Earliest Transaction (Month/Day/Year) 07/28/2017						X Officer (give title below) Other (specify below) EVP, General Counsel & Sec.					
NEW YORK, NY 1	4. If Amendment, Date Original Filed(Month/Day/Year)						Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form:	Beneficial	
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock		07/28/2017		M		3,671,045	A	\$ 3.7	4,425,175	D		
Common Stock		07/28/2017		M		553,750	A	\$ 0.6235	4,978,925	D		
Common Stock		07/28/2017		F		3,327,859	D	\$ 5.87 (1)	1,651,066	D		
Common Stock									18,305		By 401(k) Plan	
Reminder: Report on a se	eparate line for each c	lass of securities ber	neficially owned dire	ectly or indir	ectly.							
					this		ot requ	uired to r	collection of information contained espond unless the form displays a umber.		1474 (9-02)	
		Table I	I - Derivative Secu	rities Acqui	red, I	Disposed of, o	r Bene	ficially O	wned			

(e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Code	tion)	n Derivative		Expiration Date		Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported	Ownership	Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	(I) (Instr. 4)	
Stock Option (Right to Buy)	\$ 3.7	07/28/2017		M			3,671,045	01/10/2015	01/10/2024	Common Stock	3,671,045	\$ 3.7	0	D	
Stock Option (Right to Buy)	\$ 0.6235	07/28/2017		M			553,750	08/31/2010	08/31/2019	Common Stock	553,750	\$ 0.6235	0	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	Director 10% Owner Officer		Other				
DONNELLY PATRICK L 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			EVP, General Counsel & Sec.					

Signatures

/s/ Patrick L Donnelly	07/28/2017
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.