FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(I I I I I I I I	pe Kesponse	3)																
Name and Address of Reporting Person * Cady James Arthur				2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]								5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS					3. Date of Earliest Transaction (Month/Day/Year) 07/31/2017								X_ Officer (give title below) Other (specify below) EVP, Product and Operations					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)									6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
NEW YORK, NY 10104 (City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
		(State)										-			-			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y			2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		or l	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership of Form:	Beneficial			
					Day/Year		e V			(A) or	Ì	nstr. 3 and 4)			or Indirect	Ownership (Instr. 4)		
Common	Stock		07/31/2017				Cod	e v		241,749	(D)	Price \$ 1	,584,732			(Instr. 4) D		
Common	Stock		07/31/2017				F		21	,737 (1)	D	\$ 5.81 1	,562,995			D		
Common	Stock		07/31/2017				S		19	7,594	D	\$ 5.85 1	,365,401			D		
Common	Stock		07/31/2017				F		1,0)44,155	D	\$ 5.86 (2)	21,246			D		
Reminder:	Report on a s	separate line for each	a class of securities be	neficia	lly o	wned dir	ectly or in	Pe thi	rsons s for	m are no	t requ		llection of inspond unless			n SEC	1474 (9-02)	
			Table l					quired,	Dispo	sed of, or	Benef	icially Ow						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date	3A. Deemed Execution Date, if 1 any (Month/Day/Year) (ransac	tion	5. Numl Derivati Securiti Acquire	per of ve es d (A) or d of (D)	6. Date Expirat	tion Date Under		7. Title an	d Amount of g Securities nd 4)		9. Number of Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct (or Indir	Ownersh (Instr. 4)		
				Code	V	(A)	(D)	Date Exercis	sable	Expirat Date	ion	Title	Amount or Number of Shares		Transaction (Instr. 4)	n(s) (I) (Instr. 4))	
Stock Option (Right to Buy)	\$ 3.95	07/31/2017		M		1,2	241,749	07/29	/2010	6 07/29	/2025	Commo	n 1,241,749	\$ 3.95	620,874	D		

Reporting Owners

	Relationships							
Director	10% Owner	Officer	Other					
		EVP, Product and Operations						
,	Director	Owner Owner	Director 10% Officer					

Signatures

/s/Patrick L. Donnelly, attorney in fact	08/01/2017
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the surrender of common stock to the Company to cover withholding taxes upon the vesting of restricted stock units.
- (2) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.