## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person*  Cady James Arthur					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 1290 AVENUE OF THE AMERICAS				3. Da	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2017								Director 10% Owner  X Officer (give title below) Other (specify below)  EVP, Product and Operations				
(Street) NEW YORK, NY 10104				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(Cit		(State)	(Zip)				Tabl	le I - N	on-De	rivative	Securiti	es Acquir	ed, Disposed of,	or Benefici	ially Owned		
(Instr. 3) Dat		2. Transaction Date (Month/Day/Year			if Code (Instr. 8	(Instr. 8)		4. Securities Acquired Disposed of (D) (Instr. 3, 4 and 5)			Owned Followi Transaction(s)			6. Ownership Form:	Beneficial		
				(Mon	(Month/Day/Yea		Code		7 A	mount	(A) or (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		03/07/2017				M		1,3	377,620	A	\$ 3.61	1,796,752			D	
Common	Stock		03/07/2017				S		27	7,241		\$ 5.1316 (1)	1,519,511			D	
Common	Stock		03/07/2017				F		1,1	.77,421	D	\$ 5.14 (2)	342,090			D	
Reminder: I	Report on a s	separate line for each	n class of securities b	II - De	rivat	ive Se	curities Ac	tl c quired	erson nis for urrent	m are r tly valid	ot requ OMB c	uired to r control n				n SEC	1474 (9-02)
1. Title of	2.	3. Transaction	3A. Deemed	<u>(e.g</u> 4.	., pu		ls, warrant mber of	1		rcisable a			and Amount of	8. Price of	9. Number of	of 10.	11. Natur
Derivative	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if	Transaction Code S(Instr. 8)				Expiration I (Month/Day		on Date		Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Owners Form o Derivat Security Direct ( or Indir	hip of Indirect Beneficial Ownership: (Instr. 4)
				Code	v	(A)	(D)	Date Exerc	isable	Expir Date	ation	Title	Amount or Number of Shares		Transaction (Instr. 4)	(s) (I) (Instr. 4	+)
Stock Option (Right to Buy)	\$ 3.61	03/07/2017		M		1	,377,620	02/2	3/201	7 02/2	3/2026	Comm	11.3//.020	\$ 3.61	2,755,23	8 D	
Repor	ting O	wners															

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cady James Arthur 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104			EVP, Product and Operations				

### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	03/08/2017
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sales price for the price increments ranging from \$5.13 to \$5.1350. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.

(2) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.