UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Respons | cs) | | | | | | | | | | | | | | |
|--|---|--|--|-----------|--------------------|----------------------|--|--|---|--|--|--|---|---|--|
| 1. Name and Address of Reporting Person* COOK STEPHEN | | | 2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | |
| 1290 AVENUE O | 3. Date of Earliest Transaction (Month/Day/Year) 11/30/2016 | | | | | | | | X Officer (give title below) Other (specify below) EVP, Sales and Automotive | | | | | | |
| NEW YORK, NY | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | | |
| (City) (State) (Zip) | | | Table I - Non-Derivative Securities Acqu | | | | | | | ired, Disposed of, or Beneficially Owned | | | | | |
| (Instr. 3) Date | | 2. Transaction Date (Month/Day/Year) | Execution lany | | | f Code (Instr. 8) | | 4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5) | | | (D) Beneficially Own Reported Transact | | ollowing | 6. Ownership Form: | Beneficial |
| | | | (Month/Da | y/ Y ear | | ode | V | Amour | (A) or (D) | Price | (Instr. 3 a | nd 4) | | | Ownership (Instr. 4) |
| Common Stock | | 11/30/2016 | | | A | 4 | | 652 ⁽¹ | <u>)</u> A | \$ 0 | 1,213,13 | 37 | | D | |
| Common Stock | | | | | | | | | | | 10,871 | | | I | By 401(k) Plan |
| Reminder: Report on a | separate line to | Table II - 1 | Derivative S | Securit | ies Ac | quire | Perseconta conta the fe | ons whained in | o respor n this for splays a o | m are curre eficial | not requesting ntly valid | ction of inf uired to res OMB conf | spond unle | ess | 1474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security | (Month/Day/Y | 3A. Deemed Execution Da | 4. Transa Code | action 8) | 5. Number of | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. T Ame Und Secu | itle and bount of erlying urities tr. 3 and | | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4) | Owners Form o Derivat Securit Direct (or India | Beneficial Ownersh (Instr. 4) Beneficial Ownersh (Instr. 4) |
| | | | | | | | | | | | Amount | | | | |

Reporting Owners

| | Relationships | | | | | | | |
|---|---------------|--------------|---------------------------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| COOK STEPHEN 1290 AVENUE OF THE AMERICAS NEW YORK, NY 10104 | | | EVP, Sales and Automotive | | | | | |

Signatures

| /s/Patrick L. Donnelly, attorney in fact | 11/30/2016 | | |
|--|------------|--|--|
| **Signature of Reporting Person | Date | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On November 30, 2016, Sirius XM Holdings Inc. ("Sirius") paid a cash dividend of \$0.01 per share on each share of its outstanding common stock. The dividend was payable to all holders of Sirius' common stock on the record date, November 9, 2016. Pursuant to the terms of the agreement governing the outstanding restricted stock units held by Mr. Cook, Mr. Cook received an additional 652 restricted stock units as a result of the payment of this cash dividend. These additional units are subject to the same conditions regarding vesting and settlement as the underlying restricted stock units to which they relate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.