### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * Verbrugge Joseph A					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS				e)	3. Date of Earliest Transaction (Month/Day/Year) 08/05/2016							X_Officer (give title below) Other (specify below)  EVP, Sales and Development				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
NEW YORK, NY 10020 (City) (State) (Zip)			Table I - Non-Derivative Securities Acqui							ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transac Date (Month/Da		2A. Deemed Execution Date, any (Month/Day/Yea		3. Transaction Code (Instr. 8)		1			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
							Code	V	Amou	(A) or (D)	Price			or Indirec (I) (Instr. 4)		(Instr. 4)
Commor	Stock		08/05/20	016			F		12,50	)5 D	\$ 4.23	465,756			D	
1 777	10	12 T		(	e.g., puts, ca	lls, wa	rrants, op	tions,	conver	tible secu	rities)		0 P : 0	0.31	6 10	11.37
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Execuear)	Deemed ution Dat	e.g., puts, ca 4. te, if Transa Code	g., puts, calls, war 4. Transaction N Code (Instr. 8)		the form of the sex Acquired, Dispose trants, options, convo.  6. Date Ex		sed of, or Benefic evertible securitie Exercisable 7. iration Date A Day/Year) U		ntly valid OMB conf	9. Number of Derivative Securities Beneficially Owned Following	of 10. Owners Form o Derivat Security Direct (	Ownersh (Instr. 4)	
						[]	Disposed of (D) (Instr. 3,							Reported Transaction( (Instr. 4)	or Indir (I) (Instr. 4	
					Code	V	(A) (D)	Date Exerc	cisable	Expiratio Date	Title	Amount or Number of Shares				
Repor	ting O	wners	·		·										·	·
				Relationships												
Reporting Owner Name / Address			ess	Director	10% Owner Officer						Other					

EVP, Sales and Development

## **Signatures**

Verbrugge Joseph A

NEW YORK, NY 10020

/s/Patrick L. Donnelly, attorney in fact	08/08/2016
**Signature of Reporting Person	Date

### **Explanation of Responses:**

1221 AVENUE OF THE AMERICAS

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Represents the surrender of common stock to the Company to cover withholding taxes upon the vesting of restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.