## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	ROVAL					
OMB Number:	3235-0287					
Estimated average burden						
hours per response.	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* MEYER JAMES E					2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS					3. Date of Earliest Transaction (Month/Day/Year) 08/14/2015								X_ Officer (give title below) Other (specify below)  Chief Executive Officer					
(Street)				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person  Form filed by More than One Reporting Person					
NEW YO	ORK, NY	(State)	(Zip)															
		(******)		24.7	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  2A. Deemed 3. Transaction 4. Securities Acquired (A) or 5. Amount of Securities Beneficially 6.										7.37.			
(Instr. 3) Date		2. Transaction Date (Month/Day/Year	Exec any	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		ion 4. Securities Acquire Disposed of (D) (Instr. 3, 4 and 5)		Owned Followin Transaction(s)		ecurities Beneficially ng Reported		Form:	7. Nature of Indirect Beneficial			
				(Mor	ntn/L	ay/Year)	Code	V	Δm	iount	(A) or (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		08/14/2015				M	•		6,246	Δ	\$	0,648,333			D		
Commor	Common Stock 08/1		08/14/2015				S		2,64	6,889	D	\$ 3.948 8	8,001,444			D		
Common	Stock		08/14/2015				F		3,64	9,357	D	\$ 3.98 (2)	,352,087			D		
Commor	ı Stock											5	,355			I	By 401(k) Plan	
Reminder:	Report on a s	separate line for each	n class of securities b					Per this cur	rsons s form rently	are no valid C	t requ OMB c	ired to res ontrol nur				in SEC	1474 (9-02)	
			Table				rities Acq warrants					icially Own	ed					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Execution Date, if	Code		5. Numb Derivati Securitie Acquired Disposed (Instr. 3,	ve es d (A) or d of (D)	Expiration Date Under					1 Amount of g Securities d 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Securit Direct or India	Ownersl (Instr. 4)		
				Code	V	(A)	(D)	Date Exercise	able	Expirat Date	ion	Title	Amount or Number of Shares		Transaction (Instr. 4)	(I) (Instr. 4	4)	
Stock Option (Right to Buy)	\$ 0.5252	08/14/2015		M		6,2	96,246	10/14/	2010	10/14/	2019	Commor Stock	6,296,246	\$ 0.5252	0	D		

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
MEYER JAMES E 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X		Chief Executive Officer					

#### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	08/17/2015
-Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sales price for the price increments ranging from \$3.91 to \$4.0050. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- (2) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.