FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	(First)			2. Issuer Name and Ticker or Trading Symbol SIRIUS XM HOLDINGS INC. [(SIRI)]								Check all applicable) Director 08 Owner 10% Owner					
(Last) (First) (Middle) 1221 AVENUE OF THE AMERICAS				3. Date of Earliest Transaction (Month/Day/Year) 12/01/2014								X_ Officer (give title below) Other (specify below) EVP, General Counsel & Sec.					
ORK, NY 1	(Street)		4. If A	Amer	ndment,	Date Origi	nal File	d(Month	/Day/Year	r)		Form filed by One	Reporting Pers	on	plicable Line)		
y)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu							Securitio	es Acquire	nired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye		Date	Exect any	Execution Date, if any		Code (Instr. 8)	ction	4. Securities Acquired Disposed of (D) (Instr. 3, 4 and 5)			Owned Follow Transaction(s)				Ownership Form:	Beneficial	
			(Monuni Day/ Year)		Code	ode V		ount	(A) or (D) Price		(msu. 5 and 4)			or Indirect	Ownership (Instr. 4)		
Stock		12/01/2014				M		3,29	0,873	A	\$ 0.6169	3,561,143			D		
Common Stock		12/01/2014			S		1,322	2,915			2,238,228			D			
Stock		12/01/2014				F		1,96	7,958	1)	\$ 3.63	270,270			D		
Stock											1	18,194			I	By 401(k) Plan	
Report on a s	eparate line for each		II - Dei	rivati	ive Secu	rities Acq	Per this cur uired, l	rsons s form rently Dispose	are no	ot requ OMB c r Benef	ired to re control nu ficially Ow	spond unless mber.			n SEC	1474 (9-02)	
2	3 Transaction	3A Deemed	` '									d Amount of	& Price of	0 Number	£ 10	11. Natur	
Conversion	Date	Execution Date, if any	Code Derivation Security Acquired Dispo		Derivati Securitie Acquire Dispose (Instr. 3.	Expiration (Monto ed (A) or ed of (D)		ion Date		Underlyin	g Securities		Derivative Securities Beneficially Owned Following Reported	Owners Form o Derivat Securit Direct (or India	ship of Indirect Beneficia Ownershi (Instr. 4)		
			Code	v	(A)			able	Expira Date	tion	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		4)	
\$ 0.6169	12/01/2014		M		3,2	290,873	01/14/	2011	01/14	/2020	Commo Stock	n 3,290,873	\$ 0.6169	0	D		
	Stock Stock Stock Stock Stock Conversion or Exercise Price of Derivative Security	Stock	Stock Stock 12/01/2014 Stock 12/01/2014	PRK, NY 10020 (State) (Zip) ecurity 2. Transaction Date (Month/Day/Year) Stock 12/01/2014 Conversion On Exercise (Month/Day/Year) Stock 3. Transaction Date (e.g. any (Month/Day/Year)) (Month/Day/Year) (Month/Day/Year) Code Code	PRK, NY 10020 (State) (Zip) ecurity 2. Transaction Date (Execution any (Month/Day/Year)) Stock 12/01/2014 Stock 12/01/2014 Stock 12/01/2014 Stock 12/01/2014 Stock 12/01/2014 Stock 12/01/2014 Stock 3. Transaction Date (e.g., pu any (Month/Day/Year)) Conversion or Exercise (Month/Day/Year) Price of Derivative Security Code (Instr. 8)	PRK, NY 10020 Cap Cap	PRK, NY 10020 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Instr. 8) Code (Instr. 8) Code (Instr. 8) Table II - Derivative Securities Acq (e.g., puts, calls, warrants any (Month/Day/Year) Price of Derivative Securities Price of Derivative Securities Report on a separate line for each class of securities beneficially owned directly or incomplete the price of Derivative Securities (Month/Day/Year) A. Deemed Execution Date, if any (Month/Day/Year) A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) Code V (A) (D)	PRK, NY 10020 Stock 12/01/2014	PRK, NY 10020 Code V Am A Security Stock 12/01/2014 Stock 12/01/2014 Stock 12/01/2014 F 1,96	PRK, NY 10020 Content Content	PRK, NY 10020 Cap C	Code V Amount Date Code C	Stock 12/01/2014 Stock	Stock 12/01/2014 Stock 12/01/2014 F 1,967,958 D S 3.63 270,270 Stock 1.52,017,017,017,017,017,017,017,017,017,017	RK, NY 10020 Table I - Non-Derivative Securities Acquired (A) or Clustry any (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction (Instr. 3) 3. Transaction (Instr. 3) 4. Securities Acquired (A) or (Instr. 3) 4. Securities Acquired (A) or (Instr. 3) 4. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 4. Securities Acquired (A) or (Instr. 3) 4. Securities Acquired (A) or (Instr. 3) 4. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 4. Securities Acquired (A) or (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 3) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 4) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 4) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 4) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 4) 5. Securities Beneficially Owned Following Reported Transactions (Instr. 5) 5. Securities Beneficially Owned Follow	Stock 12/01/2014 F 1,967,958 D Stock 12/01/2014 Stock 12/01/2014 F 1,967,958 D Stock 12/01/2014 Stock 12/01/2014 F 1,967,958 D Stock 12/01/2014 Stock 1/01/2014 Stock 12/01/2014 Stock 12/01/201	

Relationships

EVP, General Counsel & Sec.

Other

Officer

10%

Owner

Signatures

/s/ Patrick L Donnelly	12/03/2014
**Signature of Reporting Person	Date

Reporting Owner Name / Address

1221 AVENUE OF THE AMERICAS

DONNELLY PATRICK L

NEW YORK, NY 10020

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sales price for the price increments ranging from \$3.60 to \$3.6250. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- (2) Represents the exercise price of the stock option referenced in Table II and associated taxes which was paid by way of the withholding by the Company of shares with a value equal to the exercise price and such taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.