### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPI	ROVAL
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### longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the

Investment Company Act of 1940

Instruction 1(b). (Print or Type Responses) 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading Symbol (Check all applicable) HARTENSTEIN EDDY W SIRIUS XM HOLDINGS INC. [(SIRI)] Officer (give title below) Other (specify below) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 1221 AVENUE OF THE AMERICAS 05/20/2014 6. Individual or Joint/Group Filing(Check Applicable Line) 4. If Amendment, Date Original Filed(Month/Day/Year) X\_Form filed by One Reporting Person
Form filed by More than One Reporting Person NEW YORK, NY 10020 (City) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 2A. Deemed 3. Transaction 7. Nature 1. Title of Security 2. Transaction 4. Securities Acquired 5. Amount of Securities Beneficially (Instr. 3) Date Execution Date, if Code (A) or Disposed of (D) Owned Following Reported Ownership of Indirect (Instr. 8) (Month/Day/Year) (Instr. 3, 4 and 5) Transaction(s) Form: Beneficial (Instr. 3 and 4) Direct (D) Ownership (Month/Day/Year) or Indirect (Instr. 4) (A) or (I) Code (D) Price (Instr. 4) Amount

teminder: Report on a separate line for each class of securities beneficially owned directly or in	ndirectly.	
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security	Conversion	Date (Month/Day/Year)	 Code	ion	Securities Acquired	f Derivative ecurities (Month/Day/Year) cquired (A) r Disposed f (D) nstr. 3, 4,		of Underlying Securities		Owned Following Reported	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)	
			Code	V	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (Right to Buy)	\$ 3.155	05/20/2014	A		61,634 (1)		05/20/2015	05/20/2024	Common Stock	61,634	\$ 3.155	61,634	D	

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
HARTENSTEIN EDDY W 1221 AVENUE OF THE AMERICAS NEW YORK, NY 10020	X						

### **Signatures**

/s/Patrick L. Donnelly, attorney in fact	05/22/2014
Signature of Reporting Person	Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options will vest as follows: 15,409 5/20/15; 15,409 5/20/16; 15,408 5/20/17 and 15,408 5/20/18.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.